

**Senior Services Commission Meeting**  
**Minutes**  
**January 22, 2020**

In Attendance: Judi Pappas-Chair, Sheryl Brooks, Pam Jorgensen, Sharon Schott, Gail Senno-Director

Absent: Daphne Whitmore

1. Call meeting to order.
2. Approve minutes of previous meeting November 20, 2019
3. 2020 calendars booked out until end April 2020. January and February calendar, review newsletter and calendar
4. Colleges we are currently working with: Franklin Pierce Physical Therapy Doctorate Program, "Balance and Stability", will turn into program "Get Up and Go" by CPTA. MCPHS-U Occupational Therapy Master's Program will host three programs beginning end January to mid-April; and Rivier College Psychiatric Nurse Practitioner Program host a "Blood Pressure and Quality of Life Screening" in March. Also they are interested in recruiting senior members to participate in a simulation lab/role play at their location. Will provide transportation and lunch. More information to follow. UNH Co-Op extension 6 week nutrition seminar, more information to follow.
5. Coming up: All Day Games and Bingo, February 12, 2020 Valentine's Day Theme breakfast, lunch and dessert provided; March-"Age in Seminar" by Anthem BC/BS; Monthly movies beginning 03/12/2020 on Thursdays; Volunteer Luncheon 04/10/2020; May 2020 Drumming Circle and will be booked quarterly.
6. Mayor's office will be holding constituent services at the Senior Center the first Tuesday of every month beginning March 03, 2020 from 11:00am-12:30pm.
7. Reviewed Service animal and support animal policy followed by City of Manchester.
8. Reviewed FY 2021 budget submission, potential one time expenditure and goals with Commission members.
9. Discussion of liaison role for "Friends" Committee. To act as just liaison.
10. Building maintenance required: work orders placed for cabinets in craft room, and kitchen, laminate peeling off cabinet doors, draws etc. 1<sup>st</sup> floor bathroom counters peeling. Ceiling tiles in hall between computer room and library and LL exercise room to be replaced.

**Next meeting scheduled for February 26, 2020 at 4:45pm.**